Peter Acker

Liu Chuxuan (1147–1203) and his Commentary on the Daoist Scripture Huangdi yinfu jing

2006 Harrassowitz Verlag · Wiesbaden

> ISSN 0948-9789 ISBN 3-447-05241-4

Table of Contents

Preface	7
Introduction: Daoism in Contemporary China	9 9 11
1: Inner Alchemy (neidan 內丹)	17
1. The term <i>inner alchemy</i>	17 19
3. Practice: The three treasures and the restoration of primordial <i>Yang-qi</i>	24
2: Liu Chuxuan and Early <i>Quanzhen</i> -Daoism	29
1. The emergence of early <i>Quanzhen</i> -Daoism	29
2. Liu Chuxuan's (1147 – 1203) encounter with <i>Quanzhen</i>	33
3. The nature of <i>Quanzhen</i> , its basic ideas and teachings	41
3: The <i>Huangdi Yinfu Jing</i> and its Significance in <i>Quanzhen</i> Daoism	49
1. Authorship, date and basic content of the scripture	49
2. The role of the classics and the significance of the <i>Yinfu jing</i> in early <i>Quanzhen</i> Daoism	54
4: Liu Chuxuan's Commentary and his Theory of Self-Cultivation	59
1. Introduction	59
2. The Dao of Heaven and cosmological notions	61
3. The "three vehicles": A narrative of self-cultivation	67
Conclusion	75
Commentary on The Yellow Emperor's Scripture of the Hidden Contracts	77
DZ 122 Huangdi yinfujing zhu	114
Bibliography	123
Abbreviations	123
1. Primary Sources from the Daoist Canon	123
2. Other Chinese Sources	
3. Secondary Literature in Chinese	
4. Secondary Literature in Western Languages	125

Preface

In this study, I will present a complete and annotated translation of a commentary on the Daoist text *Huangdi yinfu jing* 黃帝陰符經(*The Yellow Emperor's Scripture of Hidden Contracts*)¹ written by the *Quanzhen* Daoist Liu Chuxuan 劉處玄 (1147-1203). The *Yinfu jing* is one of the most important Daoist scriptures with a great number of commentaries written by proponents of various Daoist schools still extant in the Daoist Canon today. Liu Chuxuan belongs to the ,seven perfected' (*qizhen* 七 真), the famous group of disciples of the founder of *Quanzhen* 全真 Daoism,² Wang Chongyang. *Quanzhen* Daoism emerged in the Jin-dynasty, which the Jurchen established after they had successfully occupied most of northern China and forced the Chinese Song-dynasty to retreat to the south. Today, *Quanzhen* is –along with the *Zhengyi* Daoism of the celestial masters based in Taiwan – one of the two most important branches of Daoism in the Chinese world.

Daoism is not a completely unknown religion in the West anymore. Due to years of arduous scholarship in both the West and in the East, translations of many Daoist scriptures are available even to a greater public in the west. However, our understanding of specific currents and aspects in religious Daoism is remains limited. With this study, I hope to contribute to a better understanding of the nature of religious Daoism.

My study focuses on Liu Chuxuan's commentary. However, the introduction discusses the significance of Daoism and especially the *Quanzhen*-school in contemporary Chinese society and culture. In the first chapter, I discuss the important Daoist context of inner alchemy (*neidan* 內子) that provides the theoretical framework for Liu Chuxuan's commentary and *Quanzhen* self-cultivation techniques and practices. In the second chapter, I give a historical overview of the emergence of *Quanzhen* Daoism during the Jin-dynasty. This chapter also includes biographical data on Liu Chuxuan available from the Daozang, the Daoist canon and a general discussion of the core concepts used in the teachings of early *Quanzhen* Daoism. The third chapter deals with the *Yinfu jing*, its history and significance in both Daoist

¹ Hereafter, I use the abbreviated title Yinfu jing.

² Quanzhen can be translated as 'ultimate reality' or more literally as 'all-true.' Both translations are common in Western literature. However, because the Chinese word is well-known in the academic world today, I do not give a translation here.

8 Preface

and general Chinese intellectual history. I discuss the still unknown origins of the scripture and give a short overview of other important commentaries on it. In this chapter, I also analyze the controversial role of the classics and 'book learning' in early *Quanzhen* Daoism. The fourth chapter undertakes an interpretation of Liu Chuxuan's commentary. Primarily focusing on general cosmological notions subsumed in the concept of the "Dao of Heaven" and his theory of self-cultivation, I also relate the thoughts expressed in Liu Chuxuan's commentary to texts of other masters of early *Quanzhen* Daoism. I argue that Liu Chuxuan's commentary is an interpretation of Daoist cosmology and theory of inner alchemy that is largely consistent with the thoughts of Wang Chongyang and his other disciples. At the same time however, it displays several features unique to his personality. Finally, the last and central part of this study is the complete and annotated translation of Liu Chuxuan's commentary on the *Yinfu jing*.